

Training Course Application Form

Please complete the application form and return to info@pasda.org.uk by **Sunday the 6th of September 2015** and we will be in touch with applicants by Friday the 18th of September 2015.

Full Name			
Address			
			Postcode
Telephone Number			
Email Address			

Details of Family Member

Full Name				
Date of Birth				
Diagnosis (✓ relevant boxes)	Autism		Details	
	Learning Disability		Details	
	Mental Health Diagnosis		Details	
Your relationship to the individual				
Other organisational support & involvement (please ✓ all the relevant boxes)	Social worker:		School/Education:	
	No 6 (Autism Initiatives)		Respite:	
	Health services:		Other:	

Please provide information regarding support services that you receive e.g. how often do you receive support and how satisfied are you with the support you receive:

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Significance of Behaviour

Please ✓ the box that represents the most challenging behaviour	Physical Aggression		Verbal Aggression		Self-harm	
	Destruction of property		Disruptive behaviour		Withdrawal/avoidance	
	Inappropriate social behaviours		Inappropriate sexual behaviours		Clinginess	
	Repetitive behaviours		Repetitive conversation		Fixating behaviours	
	Hoarding		Difficulty moving on i.e. tasks, places		Other:	

Description of behaviour	Please provide a summary of the behaviour i.e. what does the behaviour look like, when does it happen and why does it happen:
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Frequency of behaviour (please ✓ the relevant box)	Several times a day		Once a day		Several times a week		Once a week	
	Monthly		Several times a year					

How severe is the behaviour (please ✓ all the relevant boxes)	Injury to themselves		Injury to others		Destruction to property	
	Exclusion from groups/community		Disruption to family life		Carer/family stress	

How do you deal with the behaviour (please ✓ all the relevant boxes)	Ignoring the behaviour		Remove yourself from the situation		Removing items/activities	
	Providing items/activities		Physical restraint		Guidance from professionals i.e. psychologist	
	Medication (for your family member)				Other:	

How does your family member cope when they are experiencing difficulties?

Please detail any coping mechanisms they have, both negative and positive ones

Weekly Activities

Please provide some information around how your family member spends their time during the week (for example employment, studying, hobbies/interests)

Please provide details of **the three specific behavioural areas** that you would like support with e.g person won't come out of their room, poor personal hygiene, difficulty making friends

1.

2.

3.

- There will be day or evening times available for the course.
- There will be 4 training sessions held in the Number 6 One-Stop Shop, Edinburgh.
- There will be 4 1:1 Sessions (either in the home or a local venue).

Would you be interested in attending 1:1 sessions? _____

Tick Option A Day

☐

or

Tick Option B Evening

☐

	Training Sessions
	All 11-2pm and on Wednesday
Session 1	7 th of October 2015
Session 2	21 st of October 2015
Session 3	11 th of November 2015
Session 4	25 th of November 2015

Please note if a 2nd family member would attend the training with you

Name:

Relationship to individual:

1:1 Sessions

Where would you like to have this session?

(Please circle your preference)

In your home

Or

In a local meeting room

What times would suit you best?

Please score in order of preference (i.e 1-preferred option 4-least preferred option).

9.30-11am	
11.30-1.00pm	
1.30-3pm	
3.30-5pm	

	Training Sessions
	All 6-9pm and on Monday
Session 1	12 th of October 2015
Session 2	26 th of October 2015
Session 3	16 th of November 2015
Session 4	30 th of November 2015

Please note if a 2nd family member would attend the training with you

Name:

Relationship to individual:

1:1 Sessions

Where would you like to have this session?

(Please circle your preference)

In your home

Or

In a local meeting room

What times would suit you best?

Please score in order of preference (i.e 1-preferred option 4-least preferred option).

4-5.30pm	
5--6.30pm	
6-7.30pm	
6.30-8pm	
7-8.30pm	

Options for the follow up part of the course in 2016 will be discussed at the end of Part 1 of course